

Darwen
Leisure
Centre



Darwen Leisure Centre

The Green (off Borough Road),
Darwen, Lancashire BB3 1PW

Telephone: **01254 874900**

Email: darwenleisure@blackburn.gov.uk

Website: www.darwenleisurecentre.com

Follow us on Facebook: www.facebook.com/darwenleisure

Darwen Leisure Centre is open 7 days a week.

Monday – Friday : 7.00am – 10.00pm

Weekends : 9.00am – 5.00pm

Free parking available behind the centre.

For more information on activities of specific interest to you,
just pop in and pick up a leaflet or go to our website.

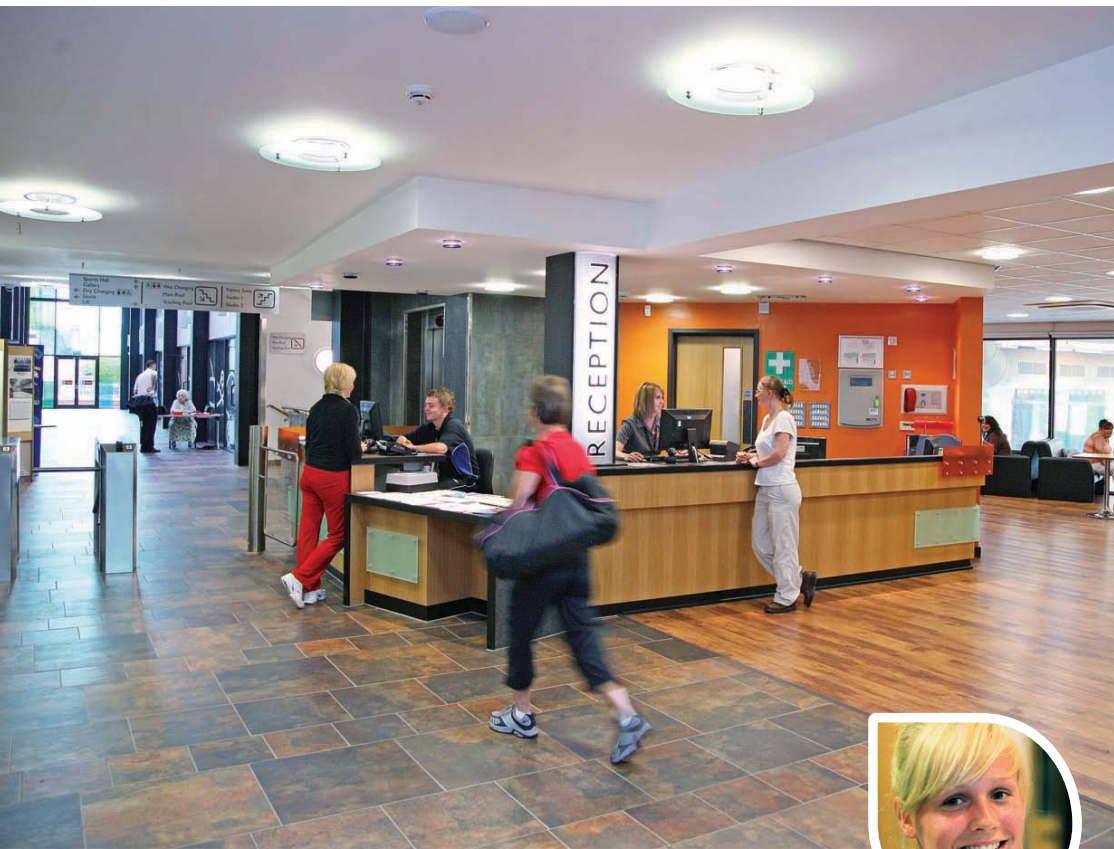


Darwen Leisure Centre
You can...

Darwen
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Come in and have a look around...





Welcome...

From the moment you step inside Darwen Leisure Centre, you can't help but be impressed by the friendliness of the place and the fantastic facilities. It's bright, spacious, modern and inviting. The team are friendly and helpful, and on hand to make sure you are happy and enjoy every aspect of your visit. In fact, regulars see us more as friends than members of staff.

CARMELLA, Receptionist

"The centre is just brilliant and a great place to work."



The changing rooms...

You will be surprised by the quality and style of our contemporary changing facilities. The lockers and furniture are brightly coloured with modern finishes, facilities you would associate with a luxurious spa. Everything has been designed for ease of use and your comfort in mind. We know you will be impressed!

MARK, Attendant

"I really enjoy meeting our customers. They love the relaxed atmosphere about the place."



The pools...

Our pool facilities cater for all levels of swimmers, from the smallest baby to an Olympic standard athlete. The state of the art main pool, which is 25m long, features an adjustable floor and hosts galas and competitions. For the fitness-focused individual there's lane swimming and classes. We have swimming lessons if you want to learn or improve and, of course, if you just fancy a splash about in the water, we have casual and family sessions.

The main pool area is light and spacious with a large, comfortable spectators' area. The pool can also be viewed from the café.

The smaller teaching pool is ideal for younger visitors experiencing the water for the first time, and for families to have fun and relax in.

DAVE, Lifeguard

"The pool facilities are great, which is just fantastic for local people."



The fitness classes...

Fitness classes at Darwen are the ideal way for you to stay healthy, enjoy yourself and meet people with the same aims. We provide a wide range of classes from yoga to aerobics to spinning to suit all needs and levels of achievement. From beginners to more experienced fitness enthusiasts, as with all our activities at Darwen, the emphasis is on fitness with fun. Classes take place at various times and days throughout the week, so there is always something to suit your schedule. You take things at your own pace. You'll have fun, make friends and keep fit at the same time...

The sports hall...

The sports hall is a fantastic space for enjoying the leisure centre with friends, family or colleagues whilst participating in all kinds of sports – team or individual, casual or competitive. From football to netball, aerobics to archery, badminton to cricket – the hall is large and flexible enough to accommodate whatever you want to do. It can be for sporting fun with friends or something more competitive.



CURTIS, Fitness Consultant

"It's great to see everyone enjoying themselves, having fun and getting fit at the same time."



The gym...

Why not enjoy a strenuous workout or a gentle jog whilst listening to your favourite music or watching TV on your very own screen? Our large, spacious gym provides a comfortable and friendly environment, containing over 80 pieces of equipment.

If you need any assistance be assured, our staff are always on hand. They can help plan a programme to meet your requirements, or monitor and encourage your progress.

They can also advise on benefits and ways to use each piece of equipment or just be there to provide morale support, helping you to enjoy and make the most of the gym's facilities.

And did you know, you don't have to be a fully subscribed member to access these great facilities? You can simply drop in and use them on a 'pay-as-you-go' basis if you prefer.

DEBBIE, Gym Instructor

"The equipment in the gym here is top of the range and I love helping people get the most out of it."



The sauna and steam room..

It's not all about energy and activity, though. You can unwind and rejuvenate in peaceful, luxurious surroundings, indulge in the saunas and steam room, and chill out in the relaxation area. Come at a time of day or evening to suit you and your preference for either mixed or single sex sessions.

Why not pay us a visit soon? Our staff will happily talk you through the benefits and how to make the most of these great facilities. So come and give it a go! We know you will thank us for it.

The café...

If you are working out or just waiting for someone who is, spectating or even just popping in for a bite, our café is always a great place to spend some time. It offers an excellent range of refreshments and light meals to refuel after your exertions, or simply indulge in while you relax and chat. The comfortable seating area provides great views over the pools.

LEAH, Catering Assistant

"I love making a difference to someone's day, and seeing the smiles on customers' faces."