

HOME EMERGENCY GRAB BAG'S

What is a 'Home Emergency Grab Bag'?

"This could be a rucksack type bag with things you may need in an emergency like contact numbers, a torch, a phone charger, medication, bottled water"

In an emergency situation you may need to move quickly, so it's important to have a few necessities to hand. Ideally this would be a prepared small easy-to-carry bag with essentials, which is stored in an accessible place ready to go. At the very least, have an up-to-date check list for things to put into your emergency "grab bag". The bag content will vary depending on your needs but may include some of the examples below. AND/OR

Keeping all of the things you might need in an emergency in a 'Grab Bag' is a great idea. However, we know this is often not realistic but you could keep a list of where to find the items in a hurry. An emergency kit might be kept at home and in the car.

Aim – to outline the benefits of having personal belongings easily accessible in an emergency; as it is easy to forget (often crucial) items during the initial response to an emergency.

During an emergency you may not have time to search for lots of separate items.

Prepare the family – familiarisation of what there is within the grab bag and discuss in case there is something forgotten

Consider the location of the grab bag within the home / easily accessible – insure all family members are aware of the location

Check regularly to ensure nothing is out of date or telephone numbers have changed

Emergency Grab Bag checklist

What should you put in your grab bag?

- List of prescription medications for the family
- Copy of identity documents
- Copy of insurance details
- Basic First Aid kit
- Bottled water
- Emergency food i.e. biscuits
- Contact list – including phone numbers
- Radio (battery or wind up)
- Torch (battery or wind up)
- Spare glasses
- Basic toiletries
- Notebook, pen/pencil



Be Prepared:

Items for your 'car kit' when preparing for a long journey

- Ice scraper & de-icer
- Warm clothes and blanket – for you and all passengers
- Waterproof items/boots
- A snow shovel
- Road atlas
- First aid kit
- Jump leads

Key contacts:

civil.contingencies@blackburn.gov.uk

www.highways.gov.uk/traffic-information

www.metoffice.gov.uk

<http://www.hantsfire.gov.uk/keeping-safe/major-emergencies/prepare-yourself/>

Make your household emergency action plan

Download and complete one of the plans below to make sure you're armed with all the information and knowledge you'll need when you most need it:

- [Hampshire household emergency action plan](#)
- [Portsmouth household emergency action plan](#)
- [Southampton household emergency action plan](#)
- [Isle of Wight household emergency action plan](#)